

Health & Safety at Work for Employees

# Program Overview:

The Occupational health and safety awareness training provides a basic understanding of the Occupational Health and Safety Act (OHSA), and does not replace any sector specific, hazard specific, or competency specific training. This training introduces workers to the [Occupational](http://www.ontario.ca/laws/statute/90o01) [Health and Safety Act](http://www.ontario.ca/laws/statute/90o01). It focuses on the health and safety rights and responsibilities of workers, supervisors and employers. It also serves as a general introduction to workplace health and safety.



# Training Content:

* OHSA
* Duties of the Employer, Supervisor and Worker
* Rights of the Worker
* Hazards
* Hazard prevention and awareness
* PPE
* JHSC & Safety representatives
* Information and Recourses

**Course Duration:**

* Four (4) Hours dependent upon number of participants

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